

# THE HEALTH CENTER

AT HUDSON YARDS



Activate your sponsored  
Essential membership today.

You have access to The Health Center at Hudson Yards through your employer-sponsored membership.



## **There is no greater comfort than having a team of medical experts accessible from wherever you are.**

Through a partnership with The Health Center at Hudson Yards, your employer has sponsored Essential memberships its for employees, giving you access to a state-of-the-art, members-only practice featuring a collaborative team of some of the city's top physicians and specialists from the Mount Sinai Health System.

We know you're busy and we've got you covered. A superior service model, powered by technology, with same- and next-day appointments that start on time will enhance and optimize your health care experience. Personal Health Navigators assist in making sure all your health needs are handled within The Health Center, virtually or within our network of specialists.

# What care is available?

- Primary and urgent care
- Dermatology
- Behavioral health
- Physical therapy
- Gynecology
- Cardiology
- Nutrition counseling
- Lab work
- X-rays
- Personal Health Navigation
- Specialty referrals within the Mount Sinai Health System

For more information on your employer-sponsored membership, visit [healthcenterhudsonyards.com/employer](https://healthcenterhudsonyards.com/employer).

## How do I activate my membership?



### ACTIVATE YOUR MEMBERSHIP

Scan the QR and follow the guided prompts to activate your membership and set up your *Health Center at Hudson Yards* member portal account.



### ACCESS YOUR MEMBER PORTAL

Download the MyChart [iOS](#) or [Android](#) app, and add 'Health Center at Hudson Yards' as a new organization. To access via your web browser, visit [mychart.mountsinai.org/hchy](https://mychart.mountsinai.org/hchy).

Upon activating your Essential membership, you will gain immediate access to The Health Center's providers and amenities through the member portal. Seamlessly schedule in-person or virtual visits at The Health Center and other Mount Sinai Health System locations, chat live with Personal Health Navigators, message providers, access health information, launch video visits, and more.



390 11th Avenue  
New York, NY 10001  
55 Hudson Yards

Monday–Friday: 8 am to 8 pm  
Saturday–Sunday: 9 am to 1 pm  
646.819.5100

[healthcenterhudsonyards.com](http://healthcenterhudsonyards.com)

